



JOGGIN FOR THE NOGGIN 5k RUN/WALK

AUGUST 16, 2009

7:30 AM

- Registration Fee \$ 30.00
- Children under 10 are free!
- Stroller friendly course
- Chip-timing optional
- Silent Auction and Raffle Prizes
- Free parking at Train Station Parking Garage located on the corner of Colfax St. and Smith St
- The race will start near Smith St. and Greeley St.

Volunteers are needed!!!! Please contact us for information on how you can help! You do not have to run to participate!

Post-race party at Durty Nellies located across the street from the finish line. Go to: www.durtynellies.com for more info.

Contact Jen McDevitt for more info:
jenny@jogginforthenoggin.com or
visit active.com KEYWORD:
NOGGIN

This run/walk is dedicated to benefit brain cancer research. I am a brain cancer survivor. A 6-year fighter at that! The proceeds of this race will be donated to the Tug McGraw Foundation (www.tugmcgraw.org) and the Brain Tumor Clinic at Duke University in Durham, NC (www.cancer.duke.edu/btc/) Both of these organizations exist to not only find a cure for brain cancer but to help patients and families with this devastating disease. More than 50,000 people will be diagnosed in 2009 and brain tumors are the second leading cause of cancer-related deaths for people under the age of 39. There are over 120 different types of brain tumors and treating them is very problematic. Brain tumors do not discriminate. They affect who and what we are. Please help run this disease out the old-fashioned way to raise awareness, funds and find a cure!!!

Hope to see Your NOGGIN there!



Name _____

Address _____

Phone _____ Age _____

E-mail _____

T-Shirt size: SM MED LG X-LG

Number of participants _____ X

\$30.00 per person \$ _____

Additional Donation \$ _____

Total \$ _____

Make checks payable to:

Joggin for the Noggin, Inc.,

P.O. Box 2323 Palatine, IL 60078-2323

Waiver of Liability:

I know that running and/or walking a road race is a potentially hazardous activity. I should not enter the run or walk unless I am medically able and properly trained. As a participant I recognize and acknowledge that there are certain risks associated with this event, including but not limited to falls, contact with other participants, and the effect of weather including high heat and/or humidity, traffic and the condition of the course. I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in this race. I agree to waive and relinquish all claims I may have as a result of participating in the race against Joggin for the Noggin, Inc. and its officers, agents, servants and employees from any and all claims from injuries, including death, damage or loss which I may have or which may accrue to me on account of my participation in the race. I have read and fully understand the above race details and waiver/release of all claims.

You must sign this in order to participate in this event.

Signature (You must sign this to participate)